



Creative Wordshops

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storyteller facilitator speaker writing-coach poet

What's on Sept 2020

Zoom
Storyshops
mini-retreats
Writesops
Conversations

Zoom and Face to Face Spring offerings

Wherever you are in the world... you can be part of a 'virtual' group or enjoy one-on-one mentoring

The **online support is alive and well** - The Rough Writing Road Journal course, Poetry, Fiction, Writing your Spiritual Journey, Downtime with Dori, one-on-one mentoring and mini-wordshops

Zoom meet and teach - mini workshops

Hi Dorian, am already addicted to your zingy zoom and would like to join you for the next 'word chops'...and find strength and joy in the river of your unfolding. (Silja)

Folks connect, enjoy the company and experience, and in no time are writing away.

Cost: R320 per workshop of 3+ hours 09.30 -12.45 SA time

I create a space that is safe, supportive and encouraging

Please email me if you want to be part of this experience. I'll explain how to prepare for the session and send you the zoom link to click on.

Beginner writers welcome. We re-experience beginner's mind. No pressure to share. You can be a silent listener if you are more comfortable with that.

Here are 2 retreat/workshop offerings

1. Families Ancestors and your story

Sun 13 Sept 2020 09.30 – 12.40ish R320 pp (12 max)

Our stories are gifts we give each other and gifts we leave behind us. For one day we too will be ancestors.

In this workshop we tell and write our stories and place them next to those of our family, immediate, extended and chosen. The idea of family can include not only blood but our spiritual tradition, culture and the line of those who share our passions.



If Ancestors were Apples

when one apple ripens
in the bowl
on the kitchen table,
apple ancestors,
granny, star-king,
ripen in reverse.

they lose their bruising.
reseed their rotten core
from bitter black.
the pink lady
unwrinkles her skin.

they sweeten again
crisp, fiberwhite,
golden delicious,
to juice the Eden tree.

(Dorian)

The workshop also touches on healing the family tree. It looks at questions such as how do we change the script and create new patterns? How we can involve our reader as a creative partner? This workshop will build your confidence and help you:

- ✚ align yourself with the one inside who knows how to write
- ✚ be present and find your voice
- ✚ breathe life into the words and let words breathe life into you
- ✚ be entranced by the power of stories

How the zoom works - step by step

Send me an email that you want to be part of this experience. I'll send you the zoom link to click on. dorianhaa@gmail.com

The morning unfolds through 5 mini sessions (around 180-190 minutes) and includes conversation and practice.

Dorian helps you call in the symbols, metaphors, rhythms of your life, like wild children, and bring them home. More than teaching how to write, he shows how to live. (Susan Mann, novelist)

2. Buddhist Retreat Centre, Ixopo

bookings brcixopo@futurenet.co.za 039 834 1863

2a. Between First In-breath and Last Out-breath: The Art of Story-telling

Fri 25- Sun 27 September 2020

Ever since I heard my first love story I have been looking for you (Rumi)

Who is the who that Rumi alludes to? There is something deeply fictional about us human beings. We are the stories we tell about ourselves. Rediscover the lost art of story-telling. Experience the joy, presence,

mindfulness and transformation that arrive when we engage with a tale, learn how to craft it and inhabit it. We begin to see our lives as a story, keeping pace with the rhythm of our hearts, balanced between the in and the out of our breathing. Be enchanted by Zen and other tales from many paths.

2b. The Poet Hiding Inside: How to live and write poetry

Sun 20 –Tues 22 September 2020

I believe that poetry is a primal impulse within us all. ...we are all capable of it ... a small, often ignored corner of us yearns to try it (Stephen Fry)

Do you love reading poetry? Do you yearn to write poems? Poetry is a way of paying attention, listening, being in the moment and observing the world. We enter the world of images, rhythm, sound and subtle rhyme. We open to our creativity and imagination. As we cultivate a sense of belonging, our words offers us relationship, presence and healing. We can all live poetically and find the words that balance voice and silence. Together we shine light into ignored corners and engage with the craft that calls us.

And ongoing monthly meetings...



3. Magic Carpet Writing Group R690 (6 sessions)

Next **Zoom** Wed 30 Sept 17. 30 - 19.30

Need to be part of a fun-loving supportive thinking/being group of aspirant writers?

.... we meet in an art studio. Writing exercises, conversation, energy, soup and wine. Beginners are welcome... make writing friends

Our 2020 theme? – **Once upon a life..... Fairy tales – ancient, modern and us**