



**Creative Wordshops**

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storyteller facilitator speaker writing-coach poet

## What's on Nov 2020

**Zoom**  
**Storyshops**  
**mini-retreats**  
**Writeshops**  
**Conversations**

Wherever you are in the world... join a 'virtual' group or enjoy one-on-one mentoring...talk to me about choices

### 1. Zoom: The Rough Writing Road: Keeping a Journal

Sun | Nov 2020 09.30 – 12.40ish R340 pp (14 max)

*Why the rough road? It's writing that has not been crafted or edited. Spontaneous. Rough also as in rough days. It's the place of beginning.*



Many writers have kept journals. The journal is a vehicle for my sense of selfhood. It represents me as emotionally and spiritually independent. Therefore (alas) it does not simply record my actual, daily life but rather—in many cases—offers an alternative to it. (Susan Sontag)

Journals inform and support all genres. As a think book a plan book an open-hearted one. Instants of inspiration. As William Blake says, *kissing the moment as it flies*. This workshop will lead you into keeping that vital journal.

### 2. Zoom Buddhist Retreat Centre, Ixopo

## The Buddhist Retreat Centre

[www.brcixopo.co.za](http://www.brcixopo.co.za)

[bookings@brcixopo.co.za](mailto:bookings@brcixopo.co.za) |  
 087 809 1687 | 082 579 3037 | 031 2095995

[finance@brcixopo.co.za](mailto:finance@brcixopo.co.za)

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Image: Angela Buckland

## Zen Pen

Sun 15 Nov | Dorian Haarhoff

3 hours 15 minutes | 09:30am-12:45pm | suggestion: R450 as dana



In this workshop we explore the connection between writing and meditation. Both these states of grace slow us down so we can live in the moment. They increase our awareness and wake us up. We look with new eyes and hear with new ears. We write and meditate on the many changes and transformations we experience as we journey along the river of our

lives. We consider how creativity steadies the boat and how writing helps us dip the oars into dark water so we may navigate the river safely.

### 3. The Drama of the Moment: An Actual and a Zoom Writing Workshop

**Actual:** Sat 28 Nov 09.30-12.40 R340 pp (12 max)

@ 365 Hangklip Drive Pringle Bay

**Zoom:** Sun 29 Nov 09.30 – 12.40 R340 pp (12 max)

*Why do you go away? So that you can come back. So that you can see the place you came from with new eyes and extra colours. Coming back is not the same as never leaving. (Terry Pratchett)*

Dramatic moments are not always about living and dying. When the sky cracks open. They are about the silent and vocal in-betweens - when change knocks on your your front door, when a dream calls you to attention, when you pack a bag.

All writing, in whatever genre – life story, fiction, poem play - is about drama. Paying attention to the moment, to how the present changes, to what happens next. The impact of weather.



This workshop will help you to build dramatic intensity and atmosphere and necessary tension into your writing. It considers the difference between drama and melodrama and how much is enough. To balancing what you as a writer offers with what you leave to the reader's imagination.

## And ongoing monthly meetings...



### 4. Magic Carpet Writing Group R690 (6 sessions)

Next **actual** and **zoom** Wed 25 Nov 18.00 - 19.45

Need to be part of a fun-loving supportive thinking/being group of aspirant writers?

.... we meet in an art studio. Writing exercises, conversation, energy, soup and wine. Beginners are welcome... make writing friends ....

Our 2020 theme? – **Once upon a life..... Fairy tales – ancient, modern and us**

### 5. Pringle Bay Poetry Moments

*I want to write poems that are natural, luminous, deep, spare. I dream of an art so transparent that you can look through and see the world. (Stanely Kunitz)*

Monthly bring and share your own or poems you live and love ... **a freebie**..... next... Tues 17 Nov @ 18.31ish

#### **All these workshops will build your confidence and help you:**

- ✚ align yourself with the one inside who knows how to write
- ✚ be present and find your voice
- ✚ breathe life into the words and let words breathe life into you
- ✚ be entranced by the power of words and stories

#### **How the zoom works - step by step**

**Send me an email** that you want to be part of this experience. I'll send you the zoom info and **link** to click on. [dorianhaa@gmail.com](mailto:dorianhaa@gmail.com)

The morning unfolds though 5 mini sessions (around 180-190 minutes) and includes conversation and practice.

*Dorian helps you call in the symbols, metaphors, rhythms of your life, like wild children, and bring them home. More than teaching how to write, he shows how to live. (Susan Mann, novelist)*