



Creative Wordshops

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storyteller facilitator speaker writing-coach poet

What's on Jan 2021

**Zoom
Storyshops
mini-retreats
Writeshops**

Wherever you are in the world... join a 'virtual' group or enjoy one-on-one mentoring...talk to me about choices

I create a space that is safe, supportive and encouraging

1. Year Begins: 2 Zoom(erang) Writing Workshops

To take us through the gate of the year

Zoomerang? We hurl our words across oceans. They return to us with images hidden in the curve - like a boomerang.

a. My Collage, Images and Words to Welcome 2021

Sun 3 Jan 2021 SAST 15.00 – 18.00. USA east coast 08.00 -11.00 (14 max)



Collages open us to the patterns, themes and rhythms of our lives. They can be made simply with a number of pictures cut out from magazines and pasted on a large sheet. They offer us insights and surprises. And access the deep self.

Explore your creativity and imagination and write about the emerging images from your collage - around the theme that chooses you. Through this ritual of beginnings, we become playfully present. We set intension, possibility and evoke courage.

b. Babushka Dolls and you inside You

Sun 24 Jan 2021 SAST 15.00 – 18.00. USA east coast 08.00 -11.00 (14 max)



What can these peasant crones [teach us? Russian Babushka (crone) wooden dolls (stacking or nesting dolls), are rich in symbolism. They offer us wisdom about living and writing. Babushka has inspired other sets of dolls. e.g. Inside a Pushkin (writer of Russian fairy tales, love stories and ballads) nesting doll are other authors - Tolsoy Gogol Turgenyev. The dolls connect us

like the *do-ray-me-far* music scale to inner and outer harmonies as we unpack the different layers in our story.

Payment: \$50 per workshop (Payment secures place)
for UK and European folk the equivalent US\$ rate in your currency
pay via **PayPal** through my email dorianhaa@gmail.com. **ref:** your name
For **SA participants** (R360 per workshop)

2. Buddhist Retreat Centre, Ixopo

Zoom Beginner's Mind: A Zoom(erang) Collage & Writing Mini-Retreat

Sat 9 Jan 2021 SA Time 15.00 – 18.00 - suggested dana (generosity) R450

Register via:

www.brcixopo.co.za

bookings@brcixopo.co.za |

finance@brcixopo.co.za

087 809 1687 | 082 579 3037 | 031 2095995

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Image: Angela Buckland



As we light the 2021 candle, we create a collage to bid the new year welcome. Beginner writers are welcome. Writing is about beginner's mind. Collages open us to the patterns, themes and rhythms of our lives. They can be made simply with pictures cut out from magazines and pasted on a large sheet. They offer us insights and surprises. And access the deep self.

See 1a above

Preparation: assemble some 21 magazine pictures (remove any words). Have the A2 (or 2 x A3 stuck together) size sheet/board, glue and scissors ready.

We'll take it from there.

This mini-retreat will help you:

- ✚ learn and practice the craft of writing
- ✚ breathe life into words and let words breathe life into you
- ✚ find your voice as you open to your creativity and imagination
- ✚ live a larger life as you explore symbols and archetypes
- ✚ be entranced by the power of stories
- ✚ find support, encouragement and fine company

3. Cape Town Graduate School of Business, UCT. EMBA students

Zen Pen: Writing your Dissertation. Academic enquiry via stories

Zoom late Jan -early Feb

Great Faith, great Courage great Enquiry (Zen saying)

**4. Namibia. children in need. sponsorship Carl Schlettwein Foundation
Wordshops for trainers, counsellors, teachers: Windhoek / Swakopmund
within period 1-22 Feb 2021**

5. Magaliesberg, Emoyeni Buddhist Retreat Centre

Zen Pen: A Writing, Being & Meditation Retreat (bookings emoyeni.org.za)
26-28 Feb 2021

We can make our minds so like still water that beings gather about us to see their own images, and so live for a moment with a clearer, perhaps even with a fiercer life because of our silence. (Yeats)

Zen (Chinese *chán* 'quietude') invites us to be present, to live and write simply.
Pen (Latin *penna* 'feather') refers to both practicing the art of writing and to the implement we use. It also invites us to play in a safe place - as in playpen.

We explore the connection between writing and meditation. Both these states of grace slow us down so we can live in the moment. They increase our awareness and wake us up. We look with new eyes and hear with new ears. We write and meditate on the many changes and transformations we experience as we journey along the river of our lives. We consider how creativity steadies the boat and how writing helps us dip the oars into dark water so we may navigate the river safely.

And ongoing monthly meetings...



6. Magic Carpet Writing Group R690 (6 sessions)

Next **actual** and **zoom** Wed 29 Jan @ 18.31ish

Need to be part of a fun-loving supportive thinking/being group of aspirant writers?

Writing exercises, conversation, energy, soup and wine.
Beginners are welcome... make writing friends

Our 2021 theme? – **Waking up to Edge Moment Awareness**

7. Pringle Bay Poetry Moments

I want to write poems that are natural, luminous, deep, spare. I dream of an art so transparent that you can look through and see the world. (Stanely Kunitz)

Monthly bring and share your own or poems you love and love ... **a freebie**..... next... Tues 12 Jan 6,30. Pringle Bay venue
