



**Creative Wordshops**

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storyteller facilitator speaker writing-coach poet

## What's on May 2021

**Zoom  
Storyshops  
mini-retreats  
Writesops**

**Wherever you are in the world... join a 'virtual' group or enjoy one-on-one mentoring...talk to me about choices**

**I create a space that is safe, supportive and encouraging**

### 1. Greyton

**Zen Pen: A Writing, Being & Meditation Retreat** (space for 10)

7-9 May 2021

Fri 17.30 -19.30 Sat 11.30 – 18.30 Sun 09.30 -13.00 (Sat light lunch provided)

Cost structure: between R780 - R680 pp .you decide

Accommo: source your own @ reasonable prices



Zen (Chinese *chán* 'quietude') be present, write simply  
Pen (Latin *penna* 'feather') practice the art - in a safe 'playpen'

In this retreat, surrounded by and part of nature, we explore our connection to writing and meditation. Both these states of grace slow us down so we can live in the moment.

Beginners are welcome. I encourage beginners' mind. I create a space that is safe, supportive and encouraging

Come and breathe life into words and let words breathe life into you

Venue: Ronel Wood's home 9 High Str Greyton

Ronel [ronel@ovation.co.za](mailto:ronel@ovation.co.za) 083 455 6208

*We can make our minds so like still water that beings gather about us to see their own images, and so live for a moment with a clearer, perhaps even with a fiercer life because of our silence. (Yeats)*

### 2. Cape Town Graduate School of Business, UCT. EMBA students

**Zen Pen: Writing your Research Report . Academic enquiry via stories**

Zoom session 3: May Great Faith, great Courage great Enquiry (Zen saying)

### 3. The 7 habits of highly unhappy writers, the 7 habits of highly happy writers

(apologies Stephen Covey)

**Zoom session** Sun 23 May SA Time 15.00-18.00 R380

This session is about unlearning and relearning

### 4. Temenos McGregor

**Writing your poem: Preparation for the Youth entry for Festival Competition**

29 -30 May a freebie for local youth poets

Booking through Temenos [www.temenos.org.za](http://www.temenos.org.za) 023 625 1871

### And ongoing monthly meetings...



### 6. Magic Carpet Writing Group R690 (6 sessions)

Next **actual** and **zoom** Wed 26 May @ 18.31ish

Need to be part of a fun-loving supportive thinking/being group of aspirant writers?

Writing exercises, conversation, energy, soup and wine.

Beginners are welcome... make writing friends ....

Our 2021 theme? **Your life your movie**

### 7. Pringle Bay Poetry Moments

*I want to write poems that are natural, luminous, deep, spare. I dream of an art so transparent that you can look through and see the world. (Stanely Kunitz)*

Monthly bring and share your own or poems you live and love ... **a**

**freebie**..... 18.30. Pringle Bay venue next Tues 18 May

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