



Creative Wordshops

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storyteller facilitator speaker writing-coach poet

What's on June 2021

**Zoom
Storyshops
mini-retreats
Writeshops**

Wherever you are in the world... join a 'virtual' group or enjoy one-on-one mentoring...talk to me about choices

I create a space that is safe, supportive and encouraging

1. Running round the Writer's Block: 2 Zoom sessions

Sun 13 June and Sun 11 July SA Time 15.00-18.00 R320 each (R600 for both)

"It's easy to write. You just shouldn't have standards that inhibit you from writing" (William Stafford) We relax we give ourselves permission to write out of our poverty. Tomorrow might bring riches. Join the sessions to find ways of jumping off the bridge into the river flow.

2. Namibia: Windhoek / Swakopmund/Walvis bay

3-21 June

The Healing power of Stories: Children in need/at risk. Workshops for trainers, counsellors, teachers, psychologists (sponsorship Carl Schlettwein Foundation)

4. Sedegefield area

30 July – 1 Aug 2021

Zen Pen: A Writing, Being & Meditation Retreat

We can make our minds so like still water that beings gather about us to see their own images, and so live for a moment with a clearer, perhaps even with a fiercer life because of our silence. (Yeats)

Zen (Chinese *chán* 'quietude') invites us to be present, to live and write simply.

Pen (Latin *penna* 'feather') refers to both practicing the art of writing and to the implement we use. It also invites us to play in a safe place - as in playpen.

We explore the connection between writing and meditation. Both these states of grace slow us down so we can live in the moment. They increase our awareness and wake us up. We consider how creativity steadies the boat and how writing helps us dip the oars into dark water so we may navigate the river safely.

4. Cape Town Graduate School of Business, UCT. EMBA students

Zen Pen: Writing your Research Report . Academic enquiry via stories

Zoom session 4 July *Great Faith, great Courage great Enquiry (Zen saying)*

And ongoing monthly meetings...



5. Magic Carpet Writing Group R690 (6 sessions)

Last Wed of every month

Next **actual** and **zoom** 30 June @ 18.31ish

Need to be part of a fun-loving supportive thinking/being group of aspirant writers?

Writing exercises, conversation, energy, soup and wine. Beginners are welcome... make writing friends

June **Your life your movie** last session

July- Dec **Running Round Writer's Block: The 7 habits of highly happy writers**

6. Pringle Bay Poetry Moments

I want to write poems that are natural, luminous, deep, spare. I dream of an art so transparent that you can look through and see the world. (Stanely Kunitz)

Monthly bring and share your own or poems you live and love ... **a freebie**..... 18.30. Pringle Bay venue. next session Tues 29 June

And Down the Line

7. Temenos McGregor

Writing your poem: Preparation for the Youth entry for Festival Competition

Late Aug a freebie for local youth poets

Booking through Temenos www.temenos.org.za 023 625 1871

8. BRC Ixopo

Thu 23 Sep - Sun 26 Sep

Zen Pen: A Writing, Being and Meditation Retreat

Sun 26 Sep - Tue 28 Sep

The Rough Writing Road: Keeping a journal

Also considering (Sept-Nov) Zen Pen retreats for West Coast Fossil Park and Khula Dharma eco community in the Eastern Cape